MEDIA RELEASE

24 August 2020

**Help us help you be prepared for the bank holiday weekend**

Hull and East Riding residents are being reminded which NHS services are available to them this bank holiday on Monday 31 August 2020.

If you need medical help, the NHS is here for you - Urgent Treatment Centres (UTC), out of hours GP services and some pharmacies across Hull and East Riding of Yorkshire will remain open. GP practices and most pharmacies will be closed on the bank holiday.

Don’t forget to check your medicine supply for over-the-counter remedies, and make sure you order any required repeat prescriptions in good time.

Some pharmacies will be open on Bank Holiday Monday to ensure you can access services if absolutely necessary. You can find the latest pharmacy bank holiday opening hours across Hull [here](https://www.hullccg.nhs.uk/other-services-2/local-services-and-your-health/pharmacy-services/) and East Riding of Yorkshire [here](https://www.eastridingofyorkshireccg.nhs.uk/holiday-opening/pharmacy-opening-times-hol/). These times are subject to change so please call your pharmacy first before you attend.

If you need to access GP services on Bank Holiday Monday, routine appointments are available through [access+ in Hull](https://www.accessplus.org.uk/) and [Improving Access in the East Riding](https://improvingaccess.co.uk/).

Should you need urgent medical help please visit NHS 111 online [www.nhs.uk/111](http://www.nhs.uk/111). If you cannot get online, you can dial 111.

Your local UTC can treat minor ailments such as cuts, burns and suspected minor fractures, with no appointment necessary. Find out more about East Riding UTCs [here](https://www.eastridingofyorkshireccg.nhs.uk/choose-well/utc/) and Hull UTCs [here](https://www.hullccg.nhs.uk/other-services-2/local-services-and-your-health/find-local-services/).

For anyone with a serious or life threatening emergency, always call 999.

ENDS----

* NHS Hull CCG is an ‘outstanding’ rated, clinically-led health care organisation that works in close partnership with member practices, providers of health services, local government, other local public sector, voluntary and carer groups, patient representatives and the general public. Our 33 local GP practices serve a registered patient population of 301,151 across the city and we aspire to excellence in everything that we do in order to deliver our vision of Creating a Healthier Hull.
* NHS East Riding of Yorkshire Clinical Commissioning Group is a clinically led organisation with 29 GP member practices responsible for the planning and buying of safe, quality health services for over 300,000 people. Rated ‘Good’ by NHS England, the CCG works in partnership and actively listens to local people to decide what health services are needed for our population. Visit [eastridingofyorkshireccg.nhs.uk](https://www.eastridingofyorkshireccg.nhs.uk/) for more information.