

Late
night

mental
health

support

in Scunthorpe

The Haven offers mental health support to people aged 16 and over in North Lincolnshire, Thursday to Sunday, between 6pm and midnight.

Trained mental health support workers can support people to manage thoughts of self-harm, low mood and anxiety to help prevent them reaching crisis point.

Anyone experiencing mental health distress can call 01724 279500 for telephone support.

In certain circumstances we might be able to offer face to face appointments.

Please note that face to face support will be provided by appointment only.

Mondays, Tuesdays and Wednesdays - CLOSED

Thursday
6pm
until
midnight

Friday
6pm
until
midnight

Saturday
6pm
until
midnight

Sunday
6pm
until
midnight